

NETWORK

Pituitary diseases and adrenal disorders

(registered association)

Helping people help themselves

**for affected adults,
children, young people and
relatives**



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adrenal disorders**

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Who are we?

The network of pituitary diseases and adrenal disorders is a nonprofit association of affected persons, relatives and health care professionals. The network was founded in 1994 by patients and endocrinologists (specialists in hormonal disorders and metabolic diseases) in Erlangen. The network is the first organization in partnership of patients and doctors for pituitary diseases and adrenal disorders in Germany. We currently support more than 3,800 members and are active in 35 regional groups, including cross-border groups in Austria.

It often happens that diseases of the pituitary gland or adrenal gland are diagnosed and treated too late because of the initially uncharacteristic symptoms and the slow progress of the disease. In many cases a lifelong hormone therapy is required and affected persons often feel left alone with special questions. The network deals with the following diseases: Cushing's syndrome, prolactinoma, acromegaly, nonfunctioning pituitary adenoma, diabetes insipidus, Addison's disease as well as panhypopituitarism with lack of cortisol, thyroid hormones, sexual and growth hormones. There are also diagnosis-specific groups for Multiple Endocrine Neoplasia and Conn Syndrome, and special groups with affected children and their families.



Our Goals

Apart from the promotion of the communication between affected persons, the network has set itself the following goals:

- Help for self-help with affected persons by means of promoting contact with other patients and doctors
- Preparation and distribution of information material for affected persons, their relatives, public institutions and therapists
- Support of the research in the field of pituitary diseases and adrenalopathy
- Promotion of seminars and further education measures for affected persons and doctors

In order to realize our goals we finance our activities from annual contributions of members, voluntary donations and by the German health insurance funds.

Member of



European
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